



A I P N O

Pulse

Issue No. 1

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President's *Perspective*

Ravi Krishnan, MD



My name is Ravi Krishnan, a practicing internist on the east side of Cleveland. I am the current president of AIPNO. We would like to give a quick update on AIPNO activities so far planned for the year.

We have multiple events planned for the year. The “Chiraag” Fundraising Dinner will be held on April 9 at Executive Caterers at Landerhaven. Our committee which includes Dr. Harigopal Balaji (President-Elect), Dr. Umesh Yalavarthy (Immediate Past President), Dr. Rupesh Raina and Dr. Mona Gupta have done an exceptional job of securing Mr. Scott Hamilton as the Chief Guest. Scott Sovell Hamilton (born August 23, 1958), as you know, is a retired American figure skater and Olympic Gold Medalist. He won four consecutive U.S. Championships (1981-1984), four consecutive World Championships (1981-1984) and a Gold Medal in the 1984 Olympics.

We are also privileged to get Dr. Charu Ramanathan, cofounder of CardiolInsight as our Key Note Speaker. We would like your support to make this charity event a success. We also have other events planned including the Annual Dinner & Research Showcase in October (date to be announced soon).

We will keep you updated. Wishing everybody a very happy and prosperous new year.

Ravi Krishnan, MD
President, AIPNO 2016

Officers of AIPNO:

Executive Committee for 2016

President: Dr. Ravi Krishnan
 Past President: Dr. Umesh Yalavarthy
 President -elect: Dr. Harigopal Balaji,
 Secretary: Dr. Jay Bhimani
 Treasurer: Dr. Mey Somasundaram

Members at large:

Dr. Mona Gupta
 Dr. Anand Lokanathan
 Dr. Dharmesh Mehta
 Dr. Mukul Pandit
 Dr. Vijaykant Patel
 Dr. Rupesh Raina

Board of Trustees:

Chair - Dr. Vasu Pandrangi
 Dr. Mohan Durve
 Dr. Chandra Haria
 Dr. Beejadi Mukunda
 Dr. Shailesh Nanavati
 Dr. Sandhia Varyani

AIPNO CONTACT INFORMATION

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Annual Dinner 2015 High-lights



Dr. Jeffrey Susman (NEOMED), Susan Juris (Ahuja Medical Center) and Dr. Umesh Yalavarthy (2015 President/AIPNO) present Dr. Beejadi Mukunda with his plaque for "Distinguished Physician of the Year" award.



Dr. Umesh Yalavarthy, Dr. Vasu Pandrangi (Chair, Board of Trustees), Dr. Ravi Krishnan (President-Elect 2015) and Dr. Jeffrey Susman light the ceremonial candle.



Left

Wayne Dawson (Fox 8), left and Dr. Umesh Yalavarthy (right) present Amar Shah (center) with the 2015 Medical Student Scholarship award.

Right

Dr. Ravi Krishnan accepts his plaque from Dr. Umesh Yalavarthy, honoring his work as Endowment Chair for "Chiraag" 2015.



Left

Dr. Jeffrey Susman, Wayne Dawson, Dr. Jaya Shah, Dr. Umesh Yalavarthy, Dr. Ravi Krishnan and Mr. Ramesh Shah. Dr. Jaya Shah accepts a \$5000.00 donation from AIPNO to "Medical Yatra", Humanitarian Services.



Right

Dr. Jeffrey Susman, Dr. Gita Gidwani, Wayne Dawson, Dr. Ravi Krishnan and Dr. Umesh Yalavarthy. Dr. Gidwani accepts a \$2,000.00 donation from AIPNO to "Project SEVA" of F.I.C.A.



Annual Dinner Research Showcase Awards:

First Place in Clinical Research went to **Akshay Sharma**, Second Place to **Seysha Mehta**.

First Place in Quality Improvement went to **Prasanna Sengodan**, Second Place to **Kathryn Vrizen**.

First Place in Basic Sciences & Case Reports went to **Ramya Vajapey**, Second Place to **Sairekha Ravichand**

Here are some of the winners below:



Dr. Beejadi Mukunda, Prasanna Sengodan,
Ms. Susan Juris & Dr. Mona Gupta



Dr. Beejadi Mukunda, Ms. Susan Juris,
Seysha Mehta and Dr. Mona Gupta



Gabrielle Rieth, Akshay Sharma,
Ms. Susan Juris, Dr. Mona Gupta
and Dr. Beejadi Mukunda



**The Association of Indian
Physicians of Northern Ohio
Invites you to:**

***“Chirag”* Fundraising Dinner**

April 9, 2016

at

Executive Caterers of Landerhaven

6111 Landerhaven Drive

Mayfield Heights, OH 44124

Chief Guest: Scott Hamilton

Olympic Gold Medalist & Cancer Advocate

Key Note Speaker: Charu Ramanathan, MD

Founder & CSO of CardioInsight

Major Beneficiary: Scott Hamilton Cares Foundation

Awards & Acknowledgements

The Cleveland Clinic's Women's Professional Staff Association (WPSA) web site featured this article about AIPNO member Dr. Mona Gupta:



[Mona Gupta, MD](#), (Hematology and Oncology, Taussig Cancer Institute) was appointed co-chair of the Research Showcase for the [Association of Indian Physicians of Northern Ohio](#) (AIPNO). AIPNO is a non-profit organization with a membership of more than 300 multi-specialty physicians who work to foster excellence and professionalism in the practice of medicine and support efforts to improve the availability of healthcare for underserved populations in the community and in India.

From the Cleveland Clinic "Professional Staff Update" of Nov. 2015:



Dr. Gonsalves



Dr. Ebrahim

AIPNO Members Dr. Lilian Gonsalves, & Dr. Zeyd Ebrahim

In the Spotlight **Lilian Gonsalves, MD**, Center for Behavioral Health, has received the Cleveland Clinic Alumni Association's Service Award for 2015 for her extraordinary commitment and valuable contributions to medicine, her patients, her health

system and her alumni. **Zeyd Ebrahim, MD**, General Anesthesiology, also was honored with a Cleveland Clinic Alumni Association Service Award for his demonstrated exceptional commitment and accomplishments, not only within his profession, but also to the Cleveland Clinic Alumni Association.

AIPNO UPCOMING EVENTS FOR 2016

AIPNO Family Picnic August



September 17

AIPNO "Karaoke" at Bamboo Gardens



© Can Stock Photo - csp15544002

October

Annual Dinner & Research Showcase



© Can Stock Photo - csp1063199

College Now Greater Cleveland's Mentoring Program

Become a mentor, change a life!

Purpose and Goal:

College Now seeks to boost college completion rates with its Mentoring Program, which matches approximately 350 freshmen scholarship recipients with professionals in the community. Mentors stay with their mentees for four years, helping them navigate any obstacle that may prevent them from graduating.

Structure:

- **Convenient:** Pairs communicate over an online platform and receive talking points monthly
- **Effective:** Matches are created based on shared career and academic interests and hobbies
- **Inclusive:** Mentors have the chance to connect with each other at several yearly events

Results:

96% of Mentoring Program participants continue on to their second year of college, compared to 58% nationally for students from low-income backgrounds.

Benefits of Mentoring:

- Assist a college student on his or her path to success
- Expand your leadership skills
- Connect with over 700 other mentors
- Contribute to Greater Cleveland's success
- Learn from your mentee

Program Requirements:

- Communicate twice a month over an online platform
- Meet in person at least three times a year

"College Now is the perfect opportunity and my experience has been outstanding."

Terry, Key Bank

Mentor Qualifications:

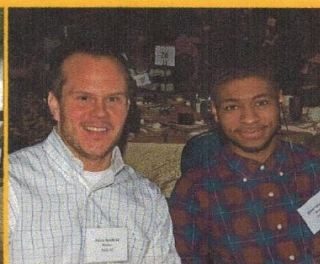
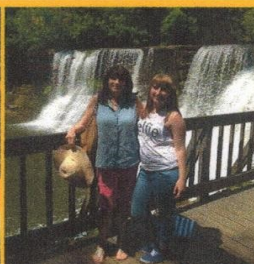
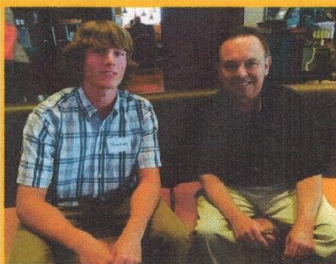
- College graduate
- Commit to a four year relationship

Becoming a Mentor:

- Fill out an online application
- Complete a 5 minute phone interview
- Attend a 1 hour orientation
- Complete a background check (facilitated by College Now)

"I cannot recommend being a mentor highly enough!"

Lyndsey, American Greetings



Join now at
www.collegenowgc.org/mentor

For more information, contact:
Madeline Rife, Mentoring Program Manager
mrife@collegenowgc.org OR 216-635-0163