



A I P N O

Pulse

Issue No. 1

March 2015

President's *Perspective*

Umesh Yalavarthy, MD



Dear AIPNO friends and families,

On behalf of AIPNO executive committee, I would like to wish you a happy and prosperous 2015. AIPNO had a very successful 2014. I would like to congratulate Dr.Tamaskar for an outstanding job. AIPNO played a very significant role as a charitable organization in NE Ohio and a total of \$ 67,000 was donated to the various charitable organizations in 2014. AIPNO's reputation in the community has enhanced.

Through the excellent work of the Adhoc committee, we were able to start our legacy gift last year. Cleveland Sight Center is the chosen beneficiary. We committed to donate \$20,000 a year for the next five years. Our donation will be used to screen vision for school kids across Northeast Ohio.

I am very excited about this upcoming year. Dr.Krishnan the endowment committee chairman is working hard to make Chiraag a successful event. "Mind Matters of Cleveland" is the chosen beneficiary for this year's Chiraag.

As you are aware under the leadership of Dr.Tamaskar and Dr.Mukunda, we had a very successful 2nd annual research showcase. We are finalizing the date and venue for this year's research showcase, look for updates.

We had a successful annual picnic last year on August 24th. This gave an opportunity to meet young families. We are working on making AIPNO events more kid friendly. Please encourage new physicians to join AIPNO. Contact me at ckhcuy@gmail.com with any suggestions or concerns.

Thank you,

Umesh Yalavarthy

Officers of AIPNO:**Executive Committee for 2015**

President: Dr. Umesh Yalavarthy
Past President: Dr. Ranjit Tamaskar
President elect: Dr. Ravi Krishnan
Secretary: Dr. Jay Bhimani
Treasurer: Dr. Rajeeva Raju

Members at large:

Dr. Harigopal Balaji
Dr. Mangesh Kanvinde
Dr. Jagdish Mude
Dr. Corattur Natesan
Dr. Mukul Pandit
Dr. Harbhajan Parmar
Dr. Chetan Patel
Dr. Vijaykant Patel
Dr. Mey Somasundaram
Dr. Shobha Tamasker

Board of Trustees:

Chair - Dr. Vasu Pandrangi
Dr. Mohan Durve
Dr. Arun Gupta
Dr. Chandra Haria
Dr. Satish Kalhan
Dr. Atul Mehta
Dr. Beejadi Mukunda
Dr. Shailesh Nanavati
Dr. Sandhia Varyani

AIPNO CONTACT INFORMATION

www.aipno.org

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Annual Dinner & Research Showcase 2014

The 31st Annual Dinner and Second Research Showcase held on November 1st at the Cleveland Convention Center. AIPNO hosted more than 600 guests at this event. The evening started with a Research Showcase viewing of 55 original posters by medical students, residents, fellows and nursing staff. Research showcase co-chairs, Dr. Tamsakar and Dr. Mukunda, were the organizers of this tremendous event.

Mr. Sam Pitroda, Chief Guest and Key Note Speaker, discussed innovation in healthcare, technology and encouraged everyone to give back to the community. Cleveland Mayor Frank Jackson and Congress Woman Ms. Anne Gonzales were in attendance.

Dr. Sangita Mehta was awarded the 'Distinguished Physician of the Year' award for her extraordinary career and service to AIPNO. She acknowledged and appreciated the support of her family and colleagues throughout her career. Mihir Shah from NEOMED was awarded the scholarship for Medical Student of the Year. Charitable contributions were made to: Project SEVA, for their work with impoverished and hungry; Domestic Violence and Child Advocacy Center; and Lymphoma Leukemia Society. Performances by Akshata Pandit, Shobitha Sanjeevan, Mayura Umapathy, Esha Vartak and Mahati Venkatesh were well received by the audience.

This year AIPNO hosted American Association of Physicians of Indian Origin (AAPI) governing body meeting. Mayor Jackson and Ms. Susan Juris, President Ahuja Medical Center of University Hospitals Health System, invited AAPI to hold their national convention in the year 2017 in Cleveland. AIPNO organization is very hopeful that Cleveland will be selected for this event.

Congratulations to Dr. Tamaskar and his team for making the evening a success and enhancing the reputation of AIPNO with the community at large.

Research Showcase Winners of 2014**Clinical Research**

First Place—Neil Vallabh
Second Place—Ashok Yadav

Basic Sciences & Case Reports

First Place—Ritika Ohri
Second Place—Ramya Vajapeyaju

Quality Improvement

First Place—Apurva Patel
Second Place—Roosha Parikh

ANNUAL DINNER 2014 HIGHLIGHTS:

Below: Dr. Beejadi Mukunda and Dr. Ranjit Tamaskar honor AIPNO's Chief Guest, Mr. Sam Pitroda with a plaque.



Below: Susan V. Juris, President of University Hospitals Ahuja Medical Center and Dr. Beejadi Mukunda, present one of the 6 awards given for the Research Showcase.



Below: Dr. Ranjit Tamaskar and Dr. Mohan Durve honor AAPI President, Dr. Ravi Jahagirdar with a plaque.



Above: Dr. Ranjit Tamaskar presents Dr. Sangita Mehta, Life Member of AIPNO with the "Distinguished Physician of the Year Award."

Your talents, time and \$\$\$ made a difference!



Medical YATRA-2015 was unique in a number of ways. Out of 36 YATRI's, N. Ohio has largest **-12-physicians- and 12 Volunteers delegation**. Also St. Vincent Charity Hospital sent three-**3- Residents Interns for 4 weeks rotation**.

Services performed: Primary care, blood pressure check, blood sugar check, clinical diagnosis and FREE medicines. In Mysore, we went to 12 rural villages covering 4,700 patients and in Bangalore, we worked in slums and covered more than 1,000 patients.

Local NGO and Physicians have agreed to follow up the patients diligently; Dr. Nandakumar from Mysore also promised us to join us every year.

Education and Prevention.

- CPR training to 1,000 school children and teachers
- In depth counseling thru local interpreters
- Washing Hands video was shown
- Choking Prevention
- YOGA exercises for orphanage
- Participated in "Clean India" by cleaning 2 streets

Your Donation \$ for sustainable solutions:

- 200** Cataract Surgeries @ Sharada Eye Care Center & Rotary Club of Bangalore
- 50** Toilets in Pipalghar, Guj thru Rotary Club of Gandevi
- Machine to produce **1,500** Sanitary Napkins/day for girls /women- Microenterprise project by WOMEN, for WOMEN thru Rotary Club of Gandevi

Our objective is to improve public & personal Hygiene, prevent infections and water borne diseases and upgrade human decency for rural folks.

HUMBLE APPEAL

A good Toilet cost Rs. 25,000 less than \$ 500; Because of Government's grant and owner's contribution, we have to pay ONLY \$100 to support one family of 6-8. Will you be kind & compassionate to support ONE TOILET?

Make check payable to: AIPNO-Medical YATRA c/o Jaya Shah, MD

Prayerfully Yours,

Jaya Shah, Gita Gidwani, M.Vuppala, S.Mahalaha, Ramesh Shah (jayashahmd@sbcglobal.net)



3747 Euclid Avenue v Cleveland, Ohio 44115-2596 v Tel: 216.431.3010 v Fax 216.431.3025 v www.redcross-cleveland.org

March 4, 2015

Dr. Umesh Yalavarthy:

The American Red Cross exists to provide compassionate care to those in need. Our network shares a mission of preventing and relieving suffering, locally, nationally and around the world. Each year, the American Red Cross immediately responds to about 70,000 natural and man-made disasters in the U.S., ranging from fires to hurricanes, floods, earthquakes, tornadoes, hazardous material spills, transportation accidents and explosions.

Red Cross disaster relief focuses on meeting people's immediate emergency needs caused by disaster. When disaster threatens or strikes, the Red Cross provides shelter, food, and health and emotional health service to address basic human needs and assist individuals and families in resuming their normal daily activities independently.

When disasters hit internationally, we provide technical support, relief supplies, and financial assistance to ensure rapid response and recovery. Last year, we worked with our Red Cross and Red Crescent partners to help an estimated 7 million people across 29 countries who have been affected by disasters.

At the American Red Cross, our clients, volunteers, employees, donors and suppliers represent a wide array of cultures, ethnic backgrounds, ages, lifestyles, beliefs and philosophies. We believe it is critical that we embrace the rich diversity around us.

As retired physicians, you may be looking to continue your humanitarian work; the American Red Cross offers you that opportunity. Volunteers constitute 95% of the total workforce to carry out our humanitarian mission.

We invite you to become a volunteer with the American Red Cross Northeast Ohio Region by contacting Patricia Buckhold, regional volunteer director at 216-431-3370; Fax 330-535 2253 or pat.buckhold@redcross.org. As a volunteer, you will be able to create your own schedule so that you can weave volunteering into your life.

Best Regards,

Maria J. Pujana, MD

Chair, International Affairs and Services

your
Part of Life™

The Mission of the American Red Cross

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International

Red Cross Movement, will provide relief to victims of disasters and help people prevent, prepare for and respond to emergencies.



Dear Members of the Association of Indian Physicians of Northeast Ohio,

A group of nineteen medical students that includes students from Ohio/Northeast Ohio will pedal 3,289 miles across America from March-May 2015 to raise awareness about pressing global health issues, and they need AIPNO's generous support to complete the journey.

We are **Ride for World Health (R4WH)**, a 501(c)-3 based in Columbus, OH. We are passionate about educating communities about topics like child nutrition, maternal/fetal health, prevention of infectious disease, clean water access, and health systems development. We ride our bikes from California to Washington DC to deliver lectures to audiences from elementary school students to fellow medical professionals. Our goal is to educate, empower, and engage these communities in global health movements.

Each rider also raises money individually to support beneficiaries at the frontlines of the fight for global health. This year, we are proud to support **Remote Area Medical (RAM, ramusa.org)** and **Empower and Advance (E&A, empowerandadvance.org)**. Both of these beneficiaries are committed to responsible and sustainable interventions to address health disparities.

Our journey cannot be completed without the generous support of sponsors like you!

Your donation will be used *exclusively* to cover the costs of getting our riders from coast to coast. We maximize your donation by sleeping cheaply (gym floors, YMCA's, etc) and eating cheaply (lots of peanut butter and jelly sandwiches.)

We choose to solicit sponsorships from organizations aligned with ours. We know AIPNO is committed to the health and wellbeing of communities around Northeast Ohio as well as the world, so we are confident AIPNO will consider supporting our mission. In return for your support, we will proudly display your organization's name, logo, mission statement, and contact information in our print and digital materials.

Please consider the following sponsorship levels for your donation:

1. Gold Sponsorship - \$10,000 and above
2. Silver Sponsorship - \$5,000 - \$9,999
3. Bronze Sponsorship - \$1,000 - \$4,999
4. Individual AIPNO Member Sponsorship - \$100 - \$999

If you would like to donate to Ride for World Health at any level, please contact me (details below.)

Thank you for your consideration and for your generosity.

Hersh Varma

Chief Executive Officer, Ride for World Health | hersh.varma@gmail.com | 216-374-8789

AIPNO UPCOMING EVENTS FOR 2015

April 25

Chiraag Fundraising Dinner at Landerhaven, Beneficiary “Minds Matter, Cleveland”

May 17

**Shiva Vishnu Temple Health Fair, 9:00am to 1:00 pm, to volunteer contact
Dr. P. Lal Arora**

August 22

AIPNO Family Picnic at Ottawa Point in Brecksville Reservation

September 26

AIPNO “Karaoke Night” - details TBA

October 24

**AIPNO’s Annual Dinner & Research Showcase, Global Center for Health
Innovation**



AIPNO UPCOMING EVENT

What:

24th Annual Endowment Fundraising Dinner "*Chiraaq*"

When:

April 25, 2015

Cocktails: 5:30 p.m. Program & Dinner: 7:00 p.m.

Who:

Key Note Speaker

Sister Judith Ann Karam, CSA, FACHE

Congregational Leader of the Sisters of Charity of St. Augustine

Chair of the member sisters of the Charity Health System

Where:

Executive Caterers at Landerhaven

6111 Landerhaven Drive ~ Mayfield Heights, Oh 44124

~RSVP by April 17, 2015~

Black Tie Optional

Complimentary valet parking

Major Beneficiary

Proceeds will directly benefit the:



Minds Matter
CLEVELAND CHAPTER