



# Association of Indian Physicians of Northern Ohio- Humanitarian Services Committee

## Report on Medical Yatra -2014 @ Gandevi, Guj. Jan. 22-28, 2014

### Jointly Organized by

- Rotary Club of Gandevi,
- American Association of Indian Physicians of North Ohio (AIPNO),
- Gandevi Seva samaj of North America
- Gandevi Taluka Seva Trust
- SEWA-USA international

Rotary Club of Gandevi, American Association of Indian Physicians of North Ohio, Gandevi Seva Samaj of North America and Gandevi Taluka Seva Trust jointly organized Medical Yatra in Gandevi and surrounding villages from January 22<sup>nd</sup> to 28<sup>th</sup>. A brief summary of the camp and beneficiaries is given below.

### Educate/Train, Prevent, Save the Lives!



Medical Yatra was comprised of Six General Medical Camps-Screening Clinics at six different locations namely Bigari, Gandevi, Kharel, Gadat, Kesali and Amalsad followed by **Specialty Camp for Cancer, Diabetes, Heart and Thyroid** at Gandevi on 26<sup>th</sup> to 28<sup>th</sup> January 2014. In all General camp locations we had mobile Pharmacy to distribute free medicines, blood collection facility for testing, dental facility, CPR training to General population, blood pressure and blood glucose testing, and poster presentation for awareness for healthy life style and preventing diseases. All patients suspected of Cancer, Diabetes, Heart diseases and thyroid disorders were called again in **Specialty Camp** at Gandevi Canning Factory for further evaluation, investigations and treatment planning. We had **Sanjeevani Rath** from Gujarat Cancer Research Institute with mammography, sonography and PAP Smear testing facility in the van. We also had mobile pharmacy and blood collection facility at all General Camp locations and Gandevi Specialty Camp location.

Group of 25 Medical Professionals and paramedics from AIPNO, USA came on Thursday 23<sup>rd</sup> January from Dharampur. After a brief meeting, they formed two teams. Following

**Screening clinics** were organized for **Super Specialty Camp Jan 26-27-28**

Date	Team #1	No. of Patients	Team #2	No. of Patients
Jan. 23	Sarvajanik H.School <b>Bigari</b>	186	C.J. High School, <b>Gandevi</b>	237
Jan.24	Naik High School, <b>Kharel</b>	85	Ambika High School, <b>Gadat</b>	261
Jan.25	H.D. Sarvajanik High School, <b>Amalsad</b>	391	N.B.Patel High School, <b>Kesali</b>	244
Jan.27	Ram Mandir, <b>Bardoli</b>	370		

Patients who are suspected of Cancer, Coronary problems, Diabetes and Thyroid disorders were advised to come to **Specialty Camp at Canning Factory location in Gandevi on 26<sup>th</sup>, 27<sup>th</sup> and 28<sup>th</sup> January**. Patients who were examined on 23<sup>rd</sup> in General Medical Camp came on 26<sup>th</sup>, patients from 24<sup>th</sup> came on 27<sup>th</sup> and patients from 25<sup>th</sup> and 27<sup>th</sup> came for Specialty camp on 28<sup>th</sup> January respectively.

For Specialty Camp we had **Medical Experts** from USA, England, Mumbai, Amdavad, Vadodara and Surat. All these Medical professionals worked very hard and gave free services for this noble cause. Patients with following medical conditions took advantage of the specialty camp at Gandevi.

### **Super Specialty Camp @ Canning Factory**

	No.of Patients
Jan.26	189
Jan.27	198
Jan.28	181

Mammogram, sonography, calcium deficiency and PAP smear testing were performed;

		Detected Positive
Prior to Yatra @ BAPS Hospital, Surat	151	7
Jan.26-Gandevi-S.Rath	9	2
Jan.27-Gandevi-S.Rath	29	2
Jan.28-Gandevi-S.Rath	35	4

Patients with following Medical conditions were identified and efforts are being made by Rotary Club of Gandevi to treat these patients at no cost to them.

<u>Medical Condition</u>	<u>No. of Patients</u>
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### Cancer

Cervical Cancers	9
Cancer of Uterus	4
Mouth, head & Neck	10
Other cancers	<u>20</u>
	<b>43</b>

### Diabetes

Patients -	Diabetic	<b>677</b>
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### Heart

For Bypass surgery	5
Valve disorders	6
For Angiography	29
For Echo & Stress studies	39
Other conditions	<u>13</u>
	<b>92</b>

### Thyroid

Patients already on treatment	34
Patients who needed treatment	3
Patients seen during general camp	23

Prescribed medicines were given to patients for immediate treatment of certain conditions free of charge. We set up a mobile pharmacy with medicines donated by pharmaceutical companies, medical stores and medical practitioners.

Many patients needed further investigations and treatment and the arrangement is being made to refer them to various major hospitals.

### IMPORTANT to NOTE:

**Investigations activities started in early part of January and shall continue the follow up activities until June-July, 2014. Gandevi Rotarians and NGOs have been committed to give each and every patient utmost satisfaction.**

### Vocational Training Program

The most important component of this Medical Yatra was to train and educate Local Medical professionals, bring awareness regarding these deadly diseases amongst rural and tribal communities in and around Gandevi and to take preventive measures for improving quality of life. To achieve these goals following activities were planned and successfully executed.

On Thursday January 23<sup>rd</sup> 2014, a seminar was organized at New Civil Hospital Surat. Similar seminar was also organized on Friday, January 24<sup>th</sup> at G.M.E.R.S Medical College, Valsad. The following expert professionals from AIPNO shared their experience leading to CME program.

1. Dr Adi Mehta, Cleveland Clinic, USA (Endocrinologist)
2. Dr Sethu Reddy, Cleveland Clinic, USA (Endocrinologist)
3. Dr Martin Wiseman, Hillcrest-Cleveland Clinic, USA (Cardiologist)
4. Dr Pushkar Kanade, St. Vincent Charity Hospital, USA (Resident)
5. Dr Mahesh Varia, University of N. Carolina, USA (Oncologist),
6. Dr Indu Varia, Duke University, USA (Psychiatrist).

Total 32 doctors and lecturers of Civil Hospital at Surat and 62 at Valsad attended the seminar.

### Academic meeting of AIPNO Super Specialist with Local Medical Practitioners

A meeting of local medical physicians of Gandevi and super specialist doctors of AIPNO was organized at Gangeshwar Mahadev Temple Hall on Sunday 26<sup>th</sup> January 2014 to discuss latest advancement for diagnosis and management of patients suffering from most deadly diseases like Cancer, heart disorders, and diabetes. Total forty three professionals attended the seminar.

### **Training of Government Paramedical staff**

Health program of Rural area is managed through Gandevi Taluka Primary Health Department. Gandevi Taluka has one block office, six primary Health Centers, two community health centers and two urban health centers. They have team of nursing staff and **ASHA workers**, who visits all people in villages to provide health care. There is also **Integrated Child Development Scheme (ICDS)** of Government comprising of **Anganwadi workers** in every villages, who work for child and mother care program. There is also Nutrition wing of ICDS, who work to combat malnutrition amongst children. A seminar was arranged to train these paramedical government staff on January 27<sup>th</sup> in Koli Samaj Bhuvan Gandevi. Total of more than **650 staff** attended the seminar. The seminar was addressed by Doctors from Civil Hospital Ahmedabad, and local Non-Government organization- Action Research in Community Health. This was one of the best way to impart training for rural health.

### **Awareness Program for General Public**

A seminar was organized on Saturday January 25<sup>th</sup>, 2014 for General Public in Koli Samaj Bhuvan, Gandevi. Lectures by noted Nutritionist and Chair-person Indian Diabetic Association, **Dr Niranjana Shah** and her team were very informative to control diabetic and heart problems by proper diet. Mrs. Salome Samuel (Nutrition expert) and Mrs Nazin Husain (Dietician) also gave important information on diet. They also highlighted the role of Yoga to improve the quality life. This was one of the best seminars attended by more than 275 citizens of Gandevi and surrounding villages. **Dr Adi Mehta**, Consulting Endocrinologist from AIPNO, USA touched upon very important points for healthy life style in very hilarious way. We are sure that this seminar will change the life style of many to control diabetes and heart problems.

### **CPR Training**

Dave Diffendal-Rotarian and others arranged CPR training with **‘Hands On’** training for Nurses, Paramedics and general public est. 1,000 persons benefited from this half an hour training to save lives. So many places we left mannequins to continue the CPR training year around.

### **Public Awareness Campaign by street performance**

A team of Gujarati Movie Artist from Ahmedabad was invited to give street performance program called “BHAVAI”. They performed Bhavai at ten different villages during late evening and night few days before the General Medical camp. A village at Medical Camp site and the village near each site were decided for the Bhavai for awareness and attract more patients to take advantage of the Medical Camp. This performance was unique and designed to convey messages on cleanliness, avoid bad habits of drinking alcohol, tobacco chewing etc with comedy in local language.

Video recording was prepared on local streets to cover major aspects of personal hygiene such as washing hands before meal, brushing teeth, keep streets clean, disadvantage of plastic usage, oral cancer due to tobacco chewing etc. This video was projected at different villages along with Bhavai. This was an eye opening event in Gandevi Taluka. We had large number of patients turn out who are suffering from Diabetes and this in turn end up with Heart and kidney problems. Most of the patients were economically poor and hail from rural areas of Gandevi. They were treated at no cost to them. Uncontrolled eating habits, consumption of country liquor and tobacco, uncontrolled use of plastics and polluted environment are the root cause of these deadly diseases. We could convey the message to prevent diseases and to remain healthy by seminars and awareness programs.

**For this project we received help from many persons and organizations. We thank all people who helped us putting their time, talents and/or financial resources (SEWA-USA and others) or rendering honorary professional services for this noble cause. We also appreciate the hard work of one and all who helped directly or indirectly to make this Medical Yatra-2014 a grand success.**

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